

Worth of Souls

A Deep Dive into Living the
Gospel of Jesus Christ



Worth of Souls

Lesson 8



Thought Habit #6

*Being Truly Grateful
During Adversity*

Review: Everything In This Life Is A Stewardship

Everything means EVERYTHING

- Assets (house, cars, furniture, investments, retirement, savings, etc.)
- Bills (medical, bankruptcy, house payment, car payment, IRS, etc.)
- Relationships (spouse, children, parents, siblings, grandchildren, etc.)
- Body (eating, exercising, cleaning, sleeping, hobbies, etc.)
- Callings (leadership, primary, presidencies, ministering, cleaning the church, etc.)
- Job/Civic/Community (political views, relationships with co-workers, volunteer work, commute, WFH, etc.)
- OUR TIME



“In the Church, stewardship is *not* limited to a *temporal* trust or responsibility. President Spencer W. Kimball taught: “We are stewards over our bodies, minds, families, and properties. A faithful steward is one who exercises righteous dominion, cares for his own, and looks to the poor and needy.” - Cook, Oct 2009



Review: Thought Habit #5

Using Enticements For Spiritual Growth

“Wherefore, the Lord God gave unto man that he should act for himself. Wherefore, man could not act for himself save it should be that he was enticed by the one or the other.” - 2Nephi 2:16

Food
Children Fighting
Neighbors
Messy House
Drivers
Health Problems
Coworkers
Spouse
Dumb People

Politicians
Bad Habits
Social Media
Road Construction
Laundry
Calling Customer Service
Scale
Interruptions
Bad Hair Day

Losing Hair
Happenstance
Sickness/Health Problems
Being Late
Technology Problems
Child Practicing an Instrument
... anything that annoys/bugs/
bothers/triggers you

Enticements are designed to force us to chose dozens of times each day if we will focus spiritually or temporally

12 Thought Habits Of Christ

1. Holy Ghost
Confirming Daily I
Am On The Path

2. Separating My
Worth from My
Performance

3. Using Daily
Performance For
Spiritual Growth

4. Viewing
Everything in this
World as a
Stewardship

5. Using
Enticements For
Spiritual Growth

6. Being Truly
Grateful During
Adversity

7. I Have Power
Over What I Think,
Feel, & Do

8. I Have No Power
Over What Others
Think, Feel, & Do

9. Daily
Repentance: Turn
Back To God &
Live

10. Choosing Godly
Sorrow Keeps Me
Spiritually Focused

11. Love God With
All My Heart, Mind
& Soul

12. Forgiving &
Judging Righteously
Help Me Progress



Be Prepared To Meet Him!

Adversity = *Super-Sized* Enticement

Your Son Calls
You From Jail

Teenage Son
Comes in 3

Your Mother
to Tell You S

The IRS Garnishes
Your Paycheck

You Hate Your Job
and/or Boss

You Are a Single
Parent Burning the
Candle at Both Ends

You Are Constantly
Fighting With Your
Family About Politics

Another Member of
Your Ward

One of Your Young
Women Tells You
She's Transgender

Babies
Not Sleep

Adversity

“My brethren, count it all joy when ye fall into divers temptations.” ~ James 1:2

“...and in everything give thanks. Waiting patiently on the Lord, for your prayers have entered into the ears of the Lord of the Sabaoth... and all things wherewith you have been afflicted shall work together for your good...” ~ D&C 98:1-3

“And he who receiveth all things with thankfulness shall be made glorious...” ~ D&C 78:19

“Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? ... For I am persuaded, that neither death, nor life... shall be able to separate us from the love of God...” ~ Rom. 8:35-39

“... my people must be tried in all things, that they may be prepared to receive the glory that I have for them, even the glory of Zion...” ~ D&C 136:29-33

“...and he shall consecrate thine afflictions for thy gain.” ~ 2Nephi 2:2

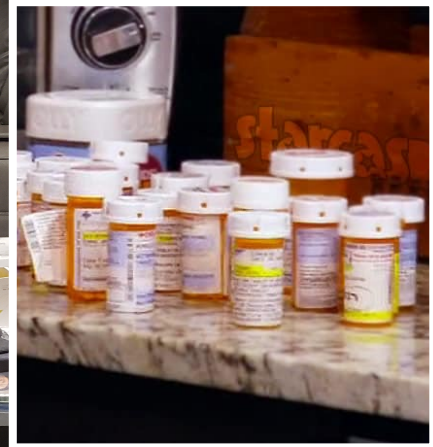
“... know thou, my son, that all these things shall give thee experience, and shall be for thy good” ~ D&C 122:5-7

Adversity in the Lives of Our Heroes



Miracles Will Occur – Either the circumstance will change or the “peace of God which passeth all understanding” will come.

Miracles Will Occur



Three Basic Principles Inside Adversities

1. **Gratitude** - If we thank Him for the adversity and opportunity to grow, we remain spiritually focused
2. **Overcome/Transend** – If we remain spiritually focused we will have the strength to overcome our adversities
3. **Steadfast in Christ** – If we remain steadfast in Christ, heaven will provide solutions, answers to our adversities



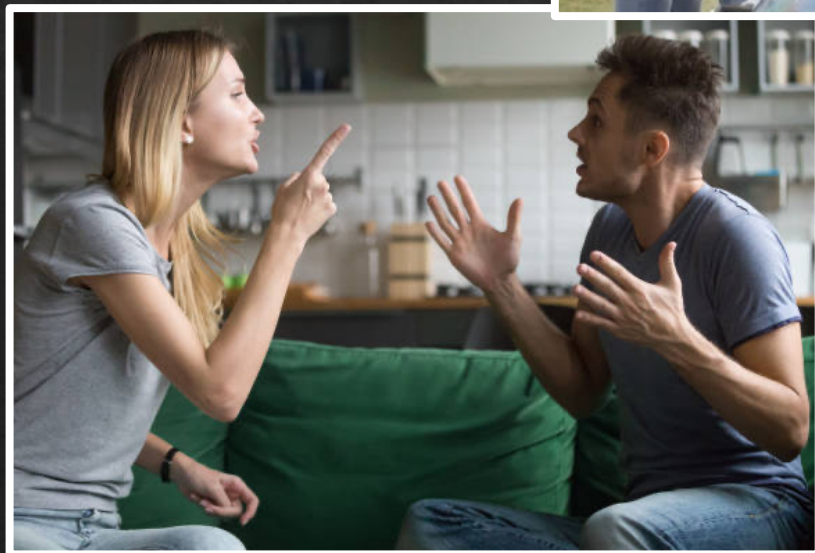
“... there is no medication or operation that can fix the many spiritual woes and maladies that we face. There is, however, a remedy—one that may seem surprising—because it flies in the face of our natural intuitions. Nevertheless, its effects have been validated by scientists as well as men and women of faith. I am referring to the healing power of gratitude.” - President Nelson

“Of course that does not necessarily mean that we will be spared the personal suffering and heartache. Righteousness has never precluded adversity. But faith in the Lord Jesus Christ—real faith, whole-souled and unshakeable—is a power to be reckoned with in the universe. It can be a causative force through which miracles are wrought. Or it can be a source of inner strength through which we find peace, comfort, and the courage to cope.”

- M. Russell Ballard (The Joy of Hope Fulfilled)

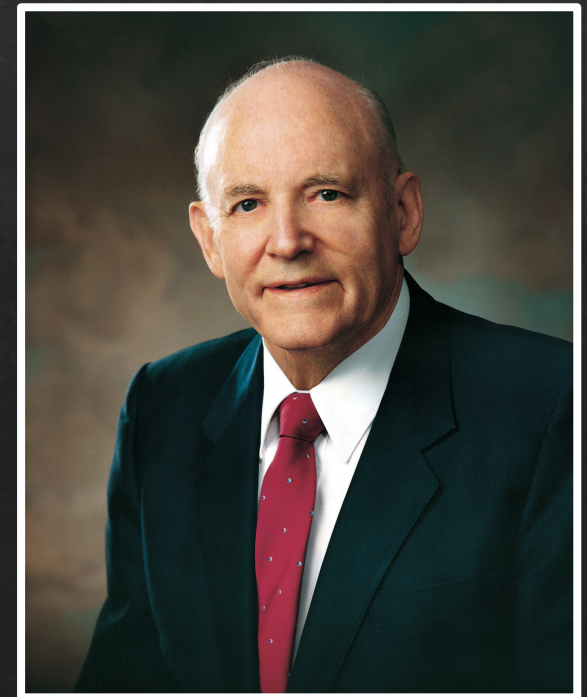


Don't Put Your Spiritual Strength on a Shelf



Everything We Endure In This Life Is For Our Benefit

“No pain that we suffer, no trial that we experience is wasted. It ministers to our education, to the development of such qualities as patience, faith, fortitude, and humility. All that we suffer and all that we endure, especially when we endure it patiently, builds up our characters, purifies our hearts, expands our souls, and makes us more tender and charitable, more worthy to be called the children of God ... and it is through sorrow and suffering, toil and tribulation, that we gain the education that we come here to acquire and which will make us more like our Father and Mother in heaven” – President Hunter, “The Opening and Closing of Doors”



Paul's Adversities

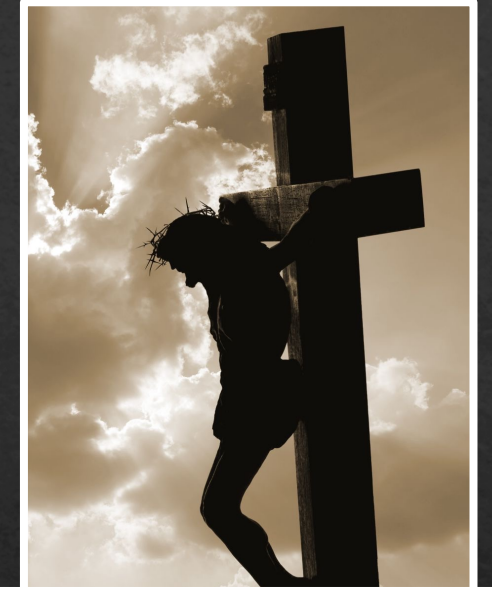


- ❖ Five different times he received 39 stripes (40 stripes meant death)
- ❖ Three different times he was beaten with rods, stoned once
- ❖ He was shipwrecked three times
- ❖ He had a "thorn in his side"
- ❖ He was in perils with robbers, heathen and false brethren. He suffered weariness, painfulness, hunger and thirst, cold and nakedness

“For our light affliction, which is but for a moment, worketh for us a far more exceeding and eternal weight of glory ...” - *2Cor. 4:17-18*

“... for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the Power Of Christ may rest upon me. Therefore I take pleasures in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong.” - *2Cor. 12:9-10*

I Can Suffer For Him Because He Suffered For Me



"Will You Be Poor For Me?"



IRS

Department of the Treasury
Internal Revenue Service



Seed: The Power of Jesus Christ will be manifested in my adversities

Awake and
Arouse Your
Faculties

“See”

Review

James 2:1 D&C 122:5-7
D&C 98:1-3 Rom. 8:35-39
D&C 78:19 2Ne. 2:2
D&C 136:29-33 2Cor. 12:9-10

“The Joy of Hope Fulfilled” – Ballard
“The Opening & Closing of Doors” - Hunter
“Adversity” – Eyring
“Adversity” – Oaks (BYU Devotional)

Exercise a
Particle of
Faith

“Think”

If in adversity now, apply the 3 principles:
Gratitude, Spiritual Focus, Steadfast in Christ
or
Review a past adversity, “re-write” the blueprint you used during the adversity

Desire to
Believe &
Let the
Desire Work
in You

“Feel”

Pray to gain a testimony that adversities are part God’s curriculum for this world, and for our benefit.
Pray to see the power of Christ manifested inside your adversities.

Give Place
For a
Portion of
My Words

“Do”

Search
~
Ponder
~
Pray

Don’t Cast
it Out By
Unbelief

The adversary will try and convince you to abandon these principles in the midst of an adversity. Hold strong, this is the way Heavenly Father gave us to get through adversities with joy.

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