



Lesson 7 Scriptures and Talks

Scriptures:

[2nd Nephi 2:16](#)

[Mosiah 3:19](#)

[Alma 34: 32-34](#)

[D&C 45:17](#)

[D&C 138:50](#)

Talks:

President Ballard: [Giving Our Spirits Control Over Our Bodies](#)

Elder Holland: [Like a Broken Vessel](#)

Elder Kopischke: [Addressing Mental Health](#)

Sister Aburto: [Through Cloud And Sunshine Lord, Abide With Me](#)

Elder Maxwell: [Pre-mortality, A Glorious Reality](#)

Other:

James Allen: As A Man Thinketh

Elder Melvin Ballard: [Three Degrees of Glory](#)