

# Worth of Souls

A Deep Dive into Living the  
Gospel of Jesus Christ



# Worth of Souls

## Lesson 3



Thought Habit #1  
*Holy Ghost*  
*Confirming I Am*  
*On the Path*

# Enjoy Each Day

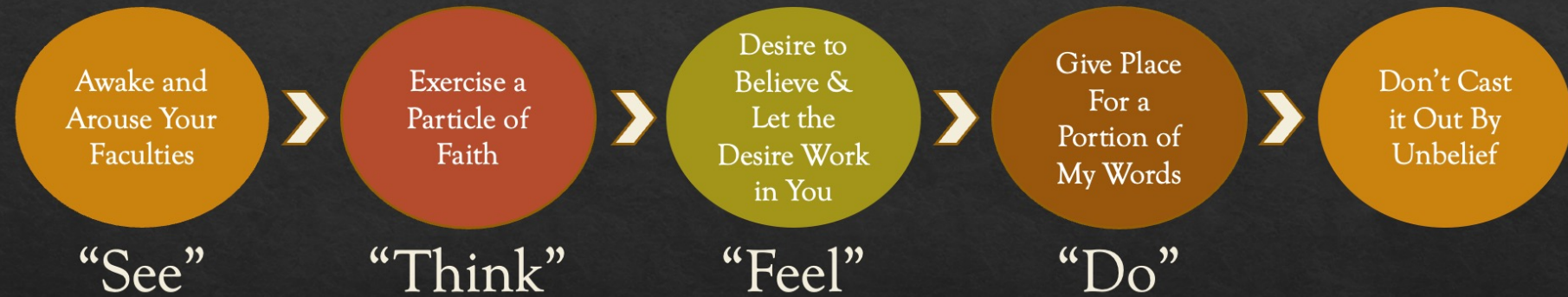
Alma's Process for Change

Alma 32: 27-43

Spiritual  
World

Inner  
World  
(Mind & Heart)

Temporal  
World



## Praise God & Pray Always

# 12 Thought Habits Of Christ



1. Holy Ghost  
Confirming Daily I  
Am On The Path

2. Separating My  
Worth from My  
Performance

3. Using Daily  
Performance For  
Spiritual Growth

4. Viewing  
Everything in this  
World as a  
Stewardship

5. Using  
Enticements For  
Spiritual Growth

6. Being Truly  
Grateful During  
Adversity

7. I Have Power  
Over What I Think,  
Feel, & Do

8. I Have No Power  
Over What Others  
Think, Feel, & Do

9. Daily  
Repentance: Turn  
Back To God &  
Live

10. Choosing Godly  
Sorrow Keeps Me  
Spiritually Focused

11. Love God With  
All My Heart, Mind  
& Soul

12. Forgiving &  
Judging Righteously  
Help Me Progress

Be Prepared To Meet Him!

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## Be Prepared To Meet Him!

My Level Of Hope

Perfect Brightness of Hope

No Doubt

Much Hope

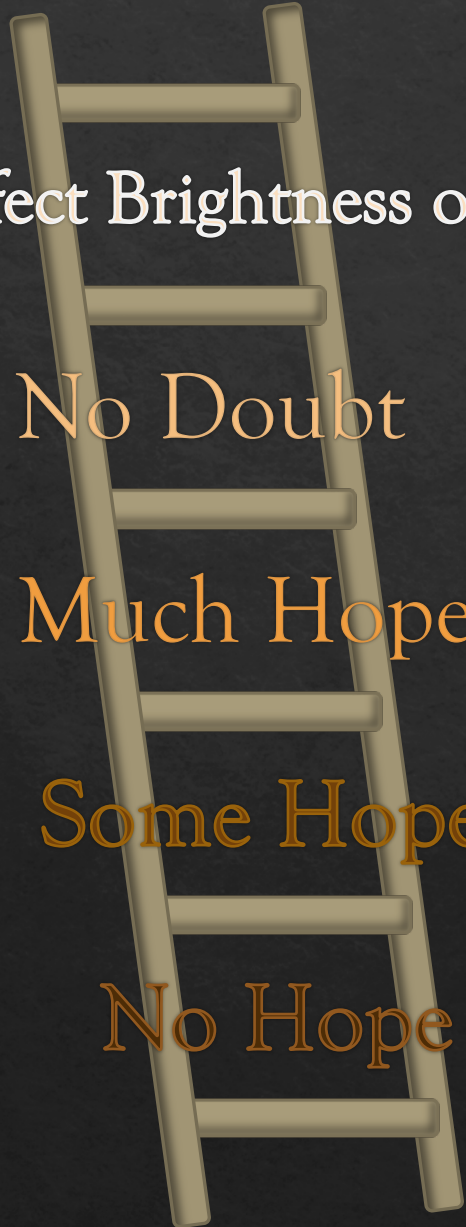
Some Hope

No Hope

“And except ye have charity ye can in nowise be saved in the kingdom of God; neither can ye be saved in the kingdom of God if ye have not faith; neither can ye if ye have no hope”. - *Moroni 10:21*

“Wherefore, whoso believeth in God might with surety hope for a better world, yea, even a place at the right hand of God, which hope cometh of faith, maketh an anchor to the souls of men, which would make them sure and steadfast, always abounding in good works, being led to glorify God.” - *Either 12:4*

## My Level Of Hope



Perfect Brightness of Hope

No Doubt

Much Hope

Some Hope

No Hope

“Having faith on the Lord; having a hope that ye shall receive eternal life; having the love of God always in your hearts, that ye may be lifted up at the last day and enter into his rest.” - Alma 13:29

“Wherefore, ye must press forward with a steadfastness in Christ, having a perfect brightness of hope, and a love of God and of all men. Wherefore, if ye shall press forward, feasting upon the word of Christ, and endure to the end, behold, thus saith the Father: Ye shall have eternal life.” - 2 Nephi 31:20

## My Level Of Hope

What should we be hoping for? “...that ye shall have hope...to be raised unto life eternal.” Moroni 7:41

How do I know if my level of hope is sufficient? “...which hope...maketh an anchor to the souls of men, which would make them sure and steadfast, always abounding in good works, being led to glorify God.” Ether 12:4

Is my hope to be raised unto eternal life a truth? “...and by the power of the Holy Ghost ye may know the truth of all things.” Moroni 10:5

What level of hope do you have today?

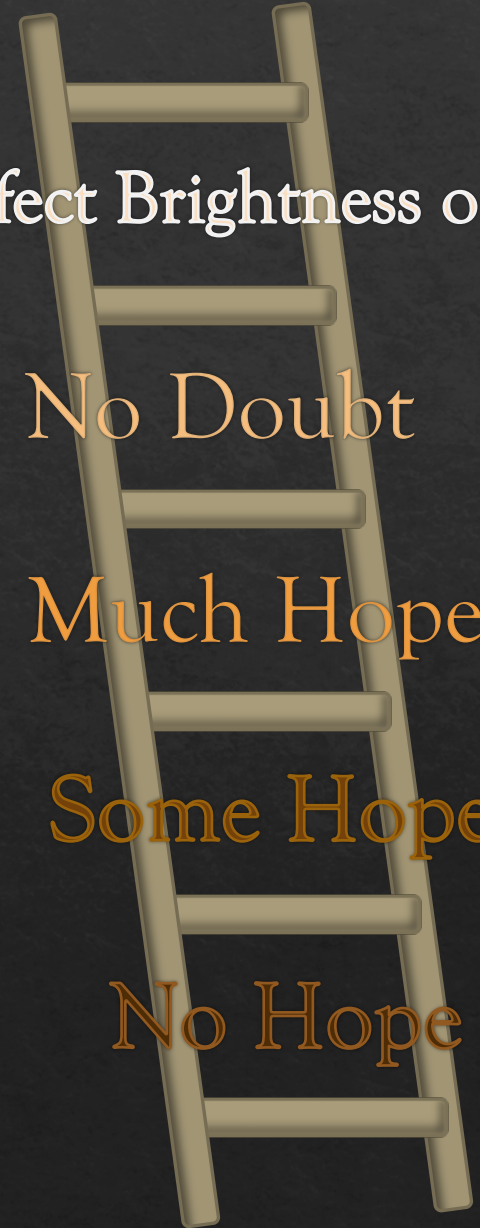
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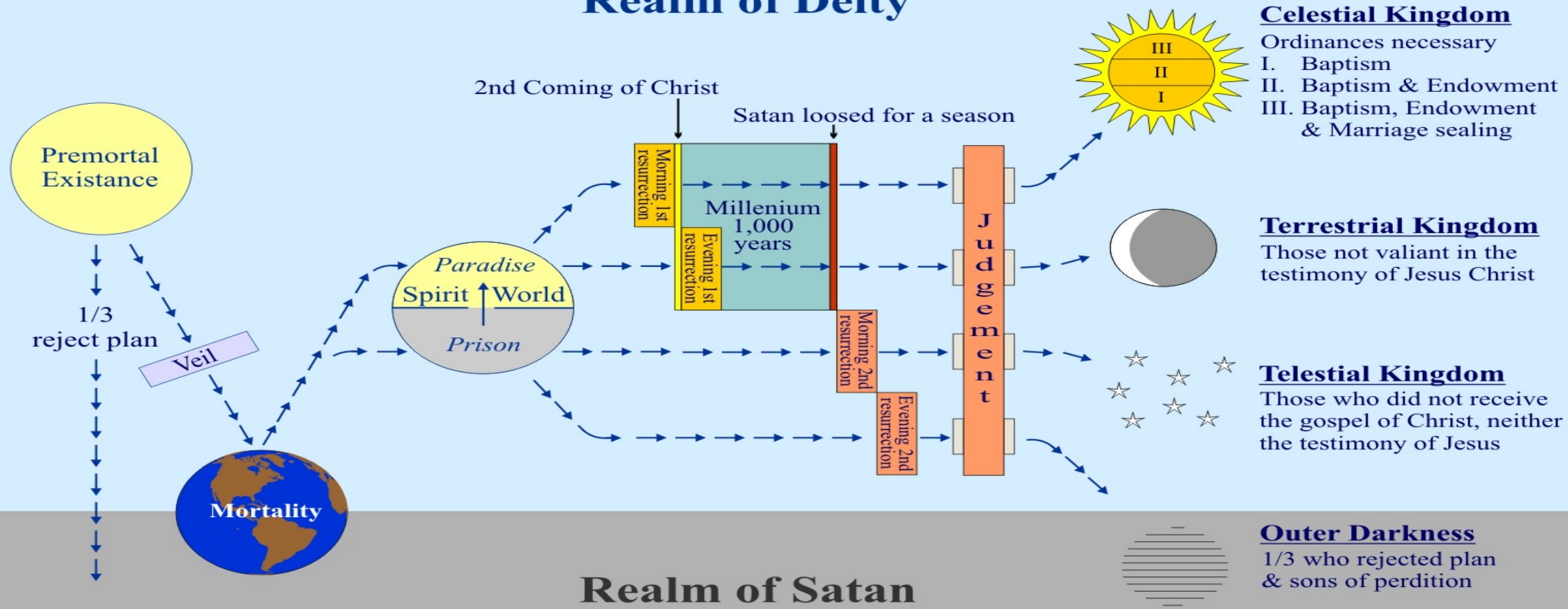


# THE PLAN OF SALVATION

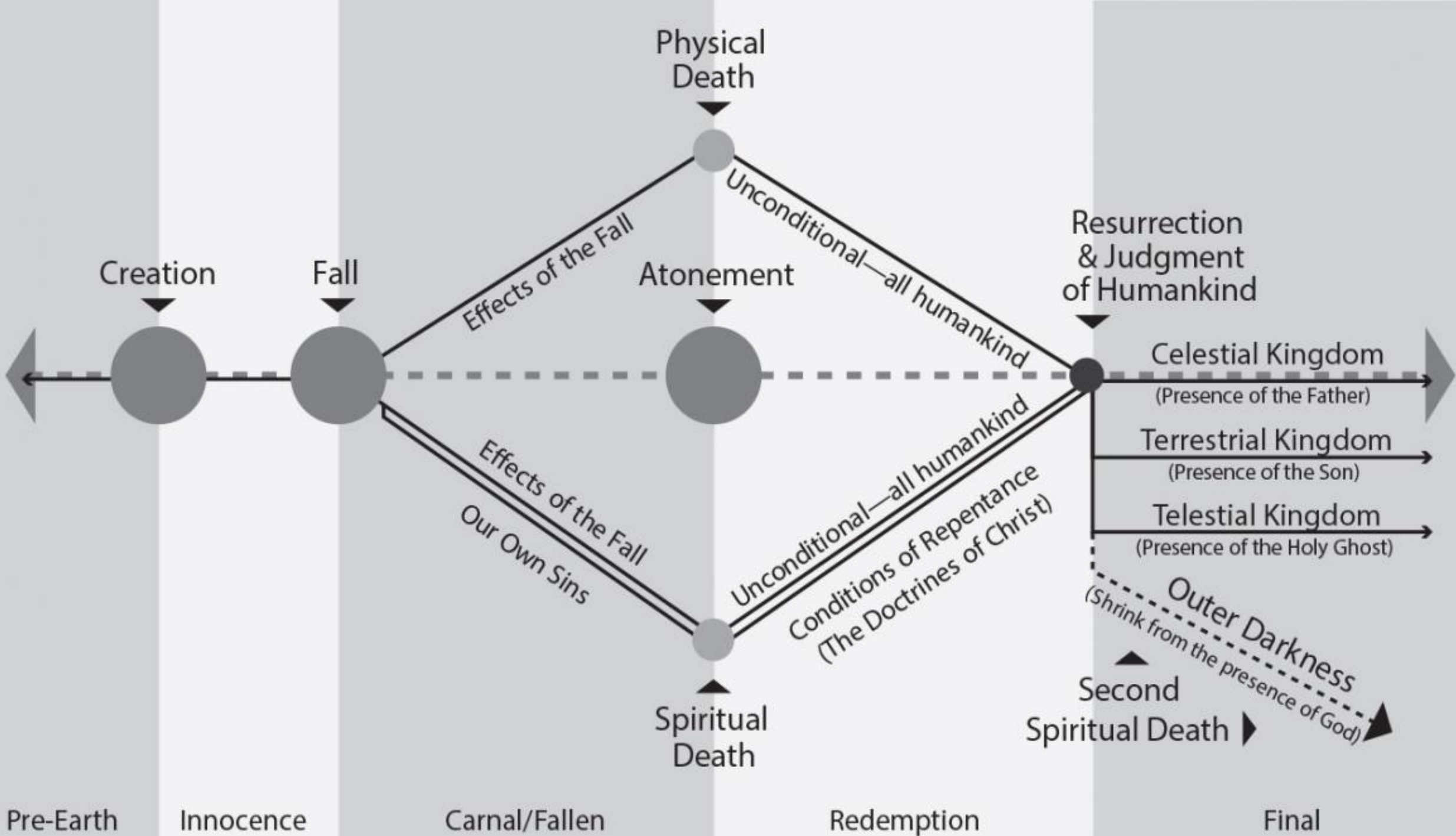
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“For behold, this is my work and my glory—to bring to pass the immortality and eternal life of man.” Moses 1:39

## Realm of Deity



## Realm of Satan

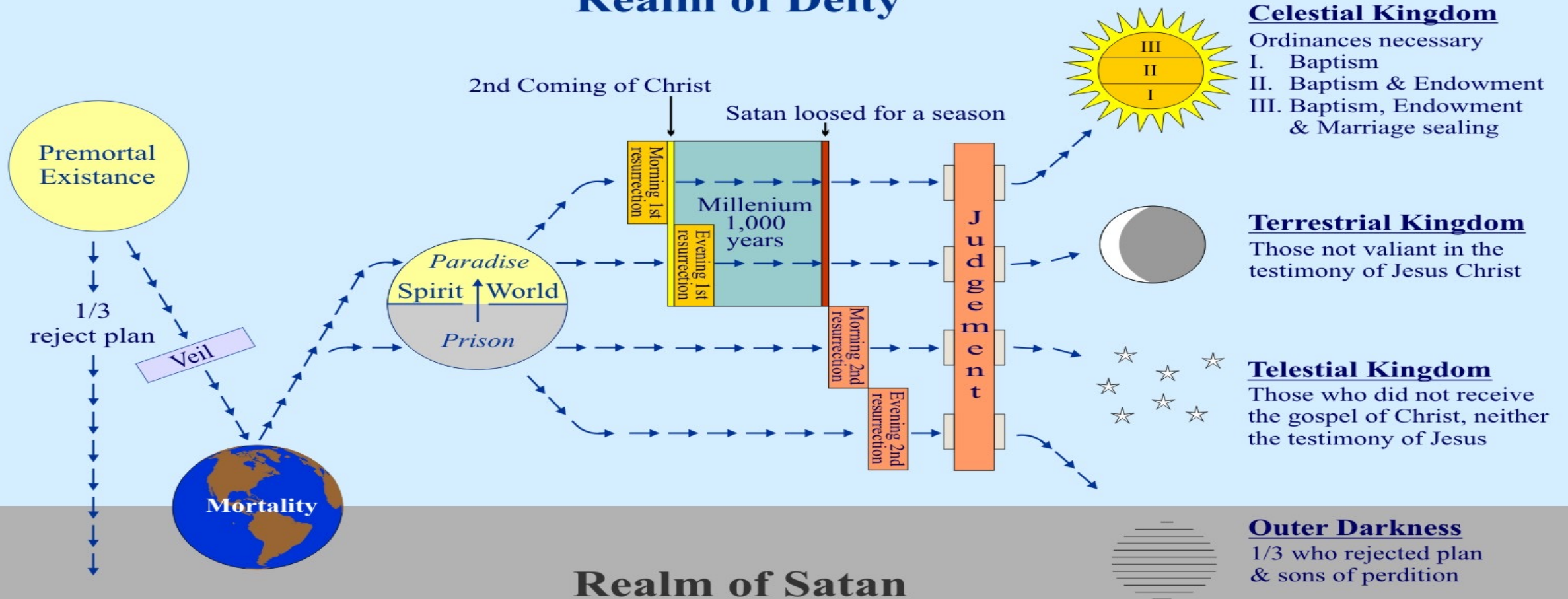


# THE PLAN OF SALVATION

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## Realm of Deity



# Which Kingdom Do You Want To Live In?

## How to Live to Be Comfortable in the Celestial Kingdom

- Sin & Continue to Sin
- Murder, Rape, Abuse People
- Lie, Cheat, Steal
- Get Passed Feeling
- Go Through the Burning Program when Christ Comes
- Live in Spiritual Darkness all Your Life – Stay There, Without Ever Repenting

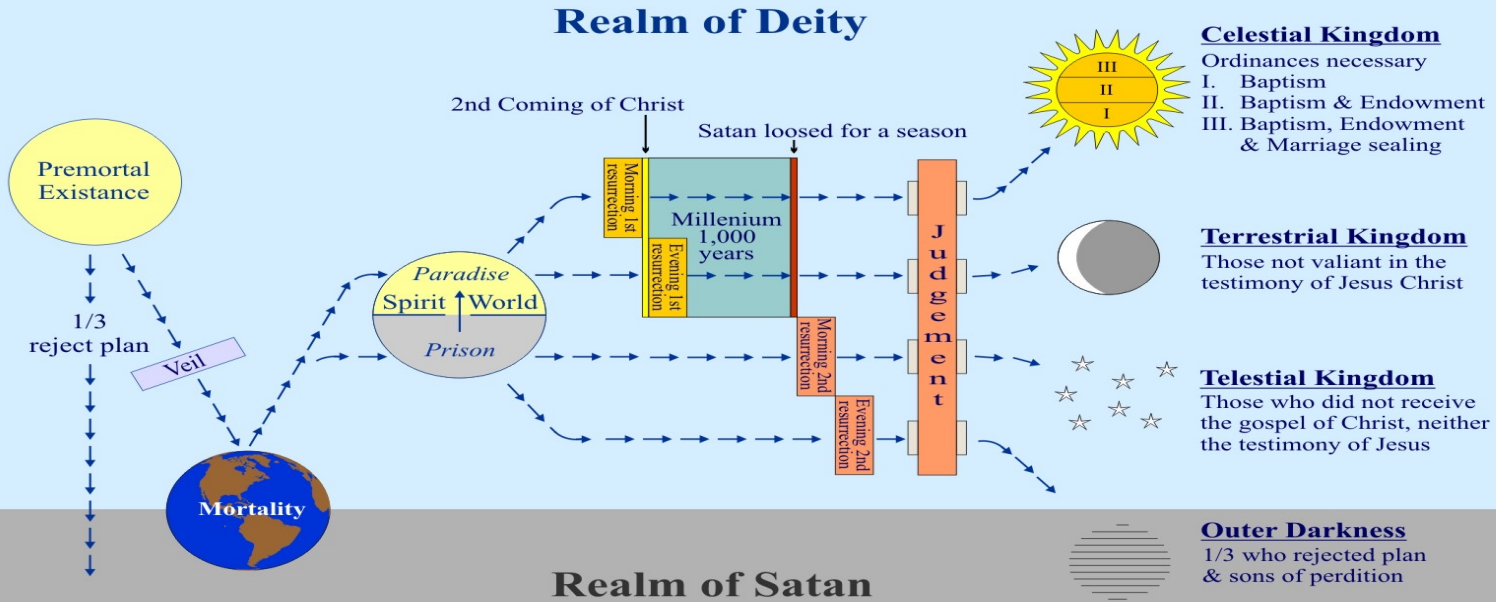
## How to Live to Be Comfortable in the Terrestrial Kingdom

- Stubborn, Unwilling to Overcome Your Physical Vices (Drinking, Smoking, Pornography)
- Lazy About Overcoming the Natural Man
- Worldly Pursuits Always More Important Than Heavenly Pursuits
- Reject the Council of the Prophets
- Refuse to Receive/Be Valiant in the Testimony of Jesus.

# THE PLAN OF SALVATION

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“For behold, this is my work and my glory—to bring to pass the immortality and eternal life of man.” Moses 1:39



“A common misunderstanding of the judgment that ultimately follows mortal life is that good people go to a place called *heaven* and bad people go to an everlasting place called *hell*. This erroneous assumption of only two ultimate destinations implies that those who cannot keep all the commandments required for heaven will necessarily be forever destined for hell.



“Divine Love in the Father’s Plan”  
April, 2022

A loving Heavenly Father has a better plan for His children. The revealed doctrine of the restored Church of Jesus Christ teaches that *all the children of God*—with exceptions too limited to consider here—will finally wind up in a kingdom of *glory*.”



# Easiest Kingdom

## How to Live to Be Comfortable in the Celestial Kingdom

- Daily Repentance
- Living Testimony that Jesus is the Christ
- Daily Commitment to Receive the Companionship of the Holy Ghost
- Actively Seeking to Become Like Christ
- Know Joseph Smith is a Prophet and the Book of Mormon is True
- Listen to/Obey the Council of the Living Prophets
- Doing Your Best to be on the Covenant Path

“... do not let us be slothful because of the easiness of the way... “ - Alma 37:46

”... For my yoke is easy, and my burden is light.” - Matt 11:28-30

# Which Kingdom Will You Live In?

“How will I know where I’m going to go? I can answer that for you. You don’t have to die to find out.

If living the gospel for you is hard, if it’s a chore. *“Uh, if I just wasn’t a Latter-day Saint I could have fun.”* If that’s what you’re like when you die, guess where you’re going to go? With other people who feel the same way – because that’s the law that you’ve learned to love.

If during the course of your life, a little bit at a time, you have learned to love living the gospel, guess where you’re going when you die? *With people who love living the gospel.*

The Lord is not going to have to tell you when you come into His presence, you won’t think, “Gee, I hope he’s in a good mood today. I hope he gives me some extra points. So my grade will be a little bit better.” When you come into His presence, you will go where you know you belong. Based on what we have desired to do and become while we have lived on the earth. If you can look your Bishop in the eye because you’re worthy and clean, you already know what the day of judgment will be like. There’s no awkwardness, no embarrassment, no shame. Living the gospel is not hard. Not living the gospel is what’s hard. *And it is joyful to live it.”*

- Elder David Bednar (Meeting with Saints in Chile 2016)



# Pattern of Justification

Faith ➤ Repentance ➤ Baptism ➤ Gift of the Holy Ghost

## Roles of the Holy Ghost

- Testifies that we are clean and forgiven
- Testifies that we are numbered among the righteous
- Confirms we are on the straight and narrow path
- Gives us comfort in the trials of life
- Leads us to become like Jesus
- Instructs us how to overcome the world
- Guides us to mastering the physical body
- Source of all truth
- Helps us to increase our hope to be raised up to eternal life

*See Conference Talks*

**Seeking the Spirit** – Benson 1988

**The Gift of the Holy Ghost, A Sure Compass** – Faust 1996

**Can You Hear the Music** – Uchtdorf 2019



# By the Spirit Ye are Justified

“Now I have struggled with that statement, and I have found a definition that seems to indicate to me what I’m sure the Lord intended to convey. The definition I think is significant says,

‘justify means to pronounce free from guilt of blame or to absolve.’

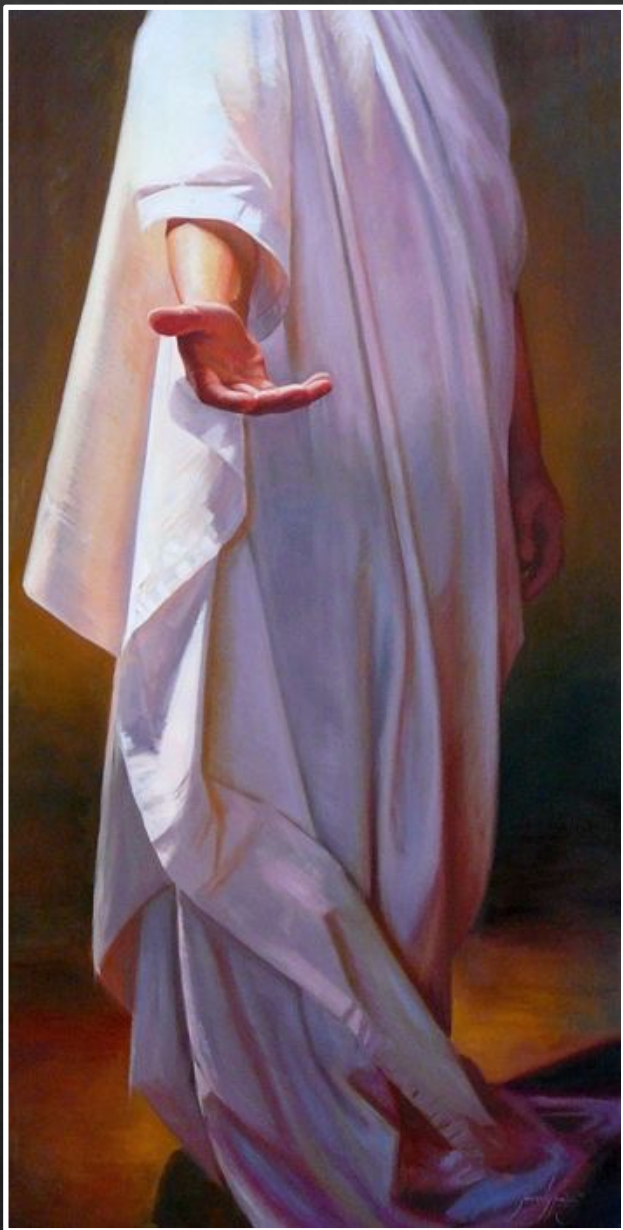
Now if the Spirit, the Holy Ghost is to pronounce one free from guilt or blame or to absolve, then we begin to see something of the office of the Holy Ghost, that relates to the subject about which we are talking; what it means to be born of the spirit.” – *Harold B. Lee, RS Study Guide 1992*

“For by the water ye keep the commandment; by the Spirit ye are justified, and by the blood ye are sanctified.” -

*Moses 6:60*



Harold B. Lee, photo © Merrett Smith



## By the Spirit Ye are Justified

“... in our efforts to live, learn, and teach the gospel, we should first and foremost seek the companionship of the Spirit. This goal should govern our choices and guide our thoughts and actions. We should seek after whatever invites the influence of the Spirit and reject whatever drives that influence away—*for we know that if we can be worthy of the presence of the Holy Ghost, we can also be worthy to live in the presence of Heavenly Father and His Son, Jesus Christ.*” – *Come Follow Me Manual 2019*

“He that receiveth of God, let him account it of God; and let him rejoice that he is accounted of God, worthy to receive.” - D&C 50:34

## Do We Need To Be Perfect In This Life To Receive Exaltation?

“...all the faithful Saints, all of those who have endured to the end, depart this life with the absolute guarantee of eternal life. There is no equivocation, no doubt, no uncertainty in our minds. Those who have been true and faithful in this life will not fall by the wayside in the life to come. If they keep their covenants here and now and depart this life firm and true in the testimony of our blessed Lord, they shall come forth with an inheritance of eternal life.

We do not mean to say that those who die in the Lord, and who are true and faithful in this life, must be perfect in all things when they go into the next sphere of existence. There was only one perfect man—the Lord Jesus whose Father was God...

...what we are saying is that when the saints of God chart a course of righteousness, when they gain sure testimonies of the truth and divinity of the Lord’s work, when they keep the commandments, when they overcome the world, when they put first in their lives the things of God’s kingdom: when they do all these things, and then depart this life—though they have not yet become perfect—they shall nonetheless gain eternal life in our Father’s kingdom; and eventually they shall be perfect as God their Father and Christ His Son are perfect.” – Bruce R. McConkie Oct 1976

“... they are given for the benefit of those who love me and keep all of my commandments, and him that seeketh so to do. – D&C 46:9

# My Level Of Hope



Perfect Brightness of Hope

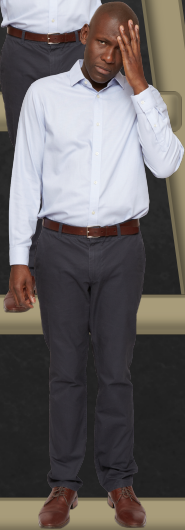
No Doubt

Holy Ghost



Much Hope

Some Hope



No Hope

Spiritual  
World

Inner  
World  
(Mind & Heart)

Temporal  
World

How Long Do I Have to Qualify For Exaltation?  
This Life + Spirit World + Millennium  
Alma 34:32-36

# Sister Graff

Spiritual  
World

What happened to Sister  
Graff between when she  
arrived at church and when  
she left church?

Inner  
World

Temporal  
World

## Temporal Focus (Natural Man Method)

- She made a substitution for the Holy Ghost
- She gave all the credit to the speakers for the good feelings
- In the hallway she gave credit to feeling the spirit to her friends, the conversation and the hugs
- She went into darkness by comparing the perfect lesson in Relief Society to her everyday life

# Sister Graff

## Spiritual Focus (The Savior's Way)

- *D&C 50:34* – “count it of God and rejoice that we were counted worthy to receive.”
- Sacrament Meeting she prays, “Father, thank you for letting me feel the spirit and helping me know I am numbered among the righteous...”
- After talking with her friends, she does the same as in Sacrament Meeting, rejoicing that she was counted worthy to receive the spirit
- In Relief Society she prays, “Father, thou knows family home evenings are a challenge for us, help me to learn from thee...”

Spiritual  
World

How can Sister Graff use  
her mind and heart to  
focus spiritually?  
(Mind & Heart)

Temporal  
World

# Lesson 3 Review & Challenge

Awake and  
Arouse Your  
Faculties

“See”

**Read about the Plan of  
Salvation:**

- Abr. 3:22-27
- Rom. 8:16-17
- Matt. 9:13
- Mor. 8:8
- Mosiah 27:24-25
- 1Nep. 17:35
- Alma 40:25-26
- 1Thes. 4:14-18
- D&C 88:96-98
- D&C 76:50-119
- 1Cor. 15:35-44
- Jer. 1:4-5
- 2Nep. 9:14-18
- Alma 5:58
- Alma 7:18
- Luke 23:43
- D&C 131:1-4
- 2Cor. 12:2
- D&C 45:44-48

Which Kingdom Do You  
Feel Comfortable In?

Exercise a  
Particle of  
Faith

“Think”

10-15 times each  
day talk to  
Heavenly Father  
about His Plan of  
Salvation for you  
and its  
truthfulness.

Desire to  
Believe &  
Let the  
Desire Work  
in You

“Feel”

Seek to feel the  
spirit for the  
witness that you  
are on schedule for  
exaltation. See  
yourself receiving  
the gifts of  
eternity.

Give Place  
For a  
Portion of  
My Words

“Do”

Do everything  
throughout your  
day for Heavenly  
Father. Tell Him  
how grateful you are  
to be on schedule  
for exaltation.

- Search
- Ponder
- Pray

Don't Cast  
it Out By  
Unbelief

Satan will attack  
you through this  
process. Keep your  
guard up, if he is  
attacking you, that  
means you are on  
the right track.

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A Brendrea Production



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