



Lesson 2 Sample Prayer

Father,

I praise Thee this day for another opportunity to grow spiritually, to find joy within all my daily actions. I want to become like my Savior Jesus Christ. I want to see, think, feel and do as He does everyday. I understand it is a process of change to overcome the natural man, but I also know as I strive to become like Christ, Thou and my Savior will multiply my efforts.

I ask Thee Father to help me see all others around me as the great spiritual beings they are. That they were born and reared as spirit sons and daughters by Thee and Heavenly Mother. Help me to see them and Thou sees them and imagine them with light pouring into their souls by the Holy Ghost.

I ask Thee to help me Think as Christ thinks. I know that as I choose to use my mental energy to turn to Thee that faith is developed. Just like Joseph Smith told us, that faith works by words, and those words are first formed by my mental energy as I strive to think like Christ. I praise Thee for the power of thought. Please help me in my effort to think like Christ. I praise Thee for Christ's Atonement and know it is through that power that I can do anything.

I ask Thee to help me to feel as Christ feels. To feel every emotion that comes within my temple and know I am the temple president over what happens with those emotions. Help me Father as I feel all kinds of emotions that I will turn them over to Christ. I pray for the Holy Ghost to help me increase my relationship with the Savior because of using my feelings for spiritual growth.

I ask Thee to help me to Do as Christ would do. I know Father that my humanity and the natural man overcome me daily as I am in this Telesstial state. I also know Father as I strive to do as Christ would do, as I strive to Let Thee prevail in my life, that Thou makes up the difference for me as I repent and daily turn to Thee while I am doing my best to do as Christ would.

I recognize Father that with this prayer and the prayers of my heart throughout the day that I am planting seeds of change to elevate my life. I know as I plant seeds of spiritual growth that Thou enlightens my understanding in many ways. I praise Thee for enlarging my soul while I spiritually focus and turn to Thee through



praise and prayer. As I pray more and more consistently throughout my day it becomes delicious to my soul to see, think, feel and do as Christ would do.

I look forward to seeing Christ again, especially for His 2nd Coming. I can't wait to hug Him, and look in His eyes. I can't wait until I can hear from His lips, "Well done, Thou good and faithful servant." Even though I am human and make many mistakes throughout my day, I know the grace of Christ is truly what makes me worthy. I look forward to trying to be like Christ throughout my day, not to prove worthiness, but because I love Him so much that I perform because of my love for Thee and Jesus Christ.

I love Thee Father and praise Thee forever!

Help me remember this day that the worth of my soul is GREAT in THY SIGHT.